



My freedom

There are some things in your life that you can't control, such as who your parents are, where you were born or if you are tall or short. Other things, like your name, your school and the food you eat, are chosen by your parents or your teachers.

However, this doesn't mean you are not free to choose. You have ideas that are yours only. You can make decisions for yourself. For example, you can decide things like whether to read one book or another, ride your bike, or go out with your friends.

These decisions are important because they help to build your personality. You learn to adapt to your limits and possibilities, control your desires and choose the best ways to act.

1. Cut a piece of paper into eight equal pieces. On four of them, write an aspect of your life that you have a choice about. On the other four write things you don't have a choice about. ~~Compare them with your classmates. Then glue them onto the next page.~~
2. Would you like to have superpower like the characters in some stories? Which would you like to have? Why?
